



MEDIA RELEASE

Mushrooms to lead the way at Tasting Australia

Tasting Australia will be the platform for one of the most versatile vegetable available– **Mushrooms**.

Australian Mushroom Growers are strong supporters of the internationally renowned food festival Tasting Australia, being held in Adelaide between the 21st and 30th October 05.

State Promotions Coordinator Pam Tobin says *'Mushrooms are a great solution to achieving that extra serve of vegetables in your diet each day because of their versatility and simplicity of preparation.*

Mushrooms are fabulous cooked on the barbeque, created into a spring entrée or tossed in your favourite salad."

Learn more about the mysteries of Mushrooms at three feature events at this year's Tasting Australia:

- Hyatt Culinary Studios– Sun 23rd October;
- Australian Women's Weekly Hot Wok Challenge Fri 28th October and
- The James Squire Food, Beer and Wine Writer's Festival– Sat 29th October.

More information:

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