

Apple Scroll



These apple scrolls make a delicious after school or weekend snack, or serve hot with custard as a special dessert.

For a variation, use chopped nuts and orange peel instead of sultanas, or sprinkle with chopped almonds or walnuts. Makes 12 scrolls.

Ingredients

1½ cups wholemeal SR flour
1½ cups white SR flour
45 g margarine
1 cup low-fat milk
2 large apples
1 cup sultanas
2 teaspoons mixed spice
1 tablespoon extra milk
1 teaspoon sugar

Utensils

Sifter
1 large mixing bowl
1 medium mixing bowl
Wooden spoon
Measuring cups and spoons
Rolling pin
Chopping board and knife
25 cm pie dish, round cake tin or oven tray
Non-stick cooking spray

