

Client	South Australian Health
Product	Go for 2 & 5
Length	30 seconds
Title	Bloke
Date created	10 May 2011

Bloke	<p>G'day,</p> <p>Like most blokes, I love my steaks, chops and snags...</p> <p>but I get my share of veg in, too.</p>
Sound effects	<i>We hear the sizzling of a barbecue grill.</i>
Bloke	Just add a few more vegies to the barbeque or whatever you're cooking up...
Sound effects	<i>We hear vegies being chopped on a chopping board.</i>
Bloke	<p>Half a cup of cooked vegies is a serve... a medium potato is a serve... ..and a cup of salad vegies is a serve.</p> <p>The more Vegies I eat, the more my little nipper does too.</p> <p>So keep your crew healthy...</p> <p>Go for 2 & 5 every day.</p>
Announcer	A message from SA Health