



Fruity Filled Baked Apples



Makes 4 serves.

Ingredients

4 large apples, washed
8 almonds (or 2 tablespoons
slivered almonds)
4 dried apricots
8 prunes
4 tablespoons water
1 tablespoon brown sugar

Utensils

Apple corer
Ovenproof dish
Chopping board and knife
Measuring spoons

