



### How will I know the result of my breast X-ray?

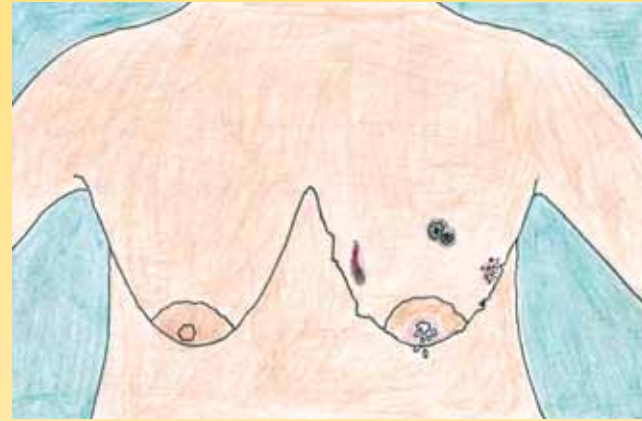
You will get a letter from BreastScreen WA a week or two after your screening.

### What happens if they find something?

A Breast Assessment Nurse from BreastScreen WA will contact you to discuss the result and explain any other tests needed.

Most things on the breast X-ray that need extra checking are not cancer.

Remember, even if a breast cancer is found, the sooner it is found, the better the chance of successful treatment.



### Can I be sure I'm OK if the breast X-ray is normal?

Although breast X-rays find most breast cancers, they won't find them all.

If you notice a lump, nipple discharge or any new and persistent change in your breast, you should see your doctor as soon as possible, even if your breast X-ray was normal.

### What else can I do?

- Be aware of any changes in your breast.
- Ask your doctor to check your breasts every year.
- See your doctor straight away if you notice any changes in your breasts.

### Local Contact Details



### Where can I have a FREE breast X-ray?

At BreastScreen WA.

There are seven metropolitan services, and four mobile services visit country towns every two years.



For an appointment, please call:  
**13 20 50**

For more information, for a medical appointment or to talk with someone call your local Aboriginal Medical Service.



[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)

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# Regular Breast X-rays Save Lives!

Women over 50  
Stay strong and healthy  
for you and your family

## What is breast screening?

It is the checking of women's breasts for early signs of breast cancer by using a breast X-ray.



## Why do women need breast screening?

In Australia, breast cancer is the most common cancer that can kill women.

Finding breast cancer early gives the best chance of successful treatment and a normal life.

## Remember

"If cancer is detected early, there's a better chance of successful treatment"



## Who should have breast screening?

All women over 50 should have a breast X-ray every two years.

Free breast screening is also available to women over 40 at BreastScreen WA.

Women with a close relative diagnosed with breast cancer should ask their doctor about screening.

## How often should I be screened?

Every two years. Your doctor will tell you if you need to be screened more often.

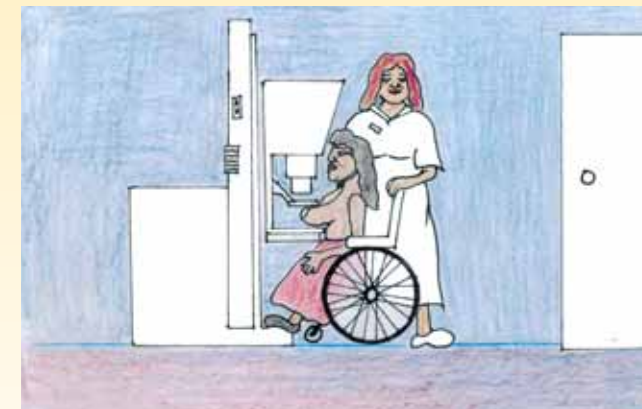


## What happens during a breast X-ray?

To get a clear picture, the breast must be flattened as much as possible by gentle squeezing from above and below the breast. Two different X-rays are taken of each breast. The flattening can be uncomfortable, but the X-ray takes only about 10 to 15 seconds.

Very low-dose radiation is used.

The whole appointment takes about 20 minutes.



## Before you come for a breast X-ray...

Wear a two-piece outfit such as a skirt and t-shirt.

If you are still having periods, it is best to have the X-ray done during or just after your period, when your breasts are least likely to be tender.

Don't wear powder or deodorant — it can show on the X-ray.

