

Contact Details

Location Margaret Smith Menopause
Unit Centenary Clinic
(off Hensman Road)
KEMH

Phone (08) 9340 1355

Fax (08) 9340 1095

Website www.wchs.health.wa.gov.au
(‘M’ under Services A-Z index)

Hours Wed. 8.30am to 12.00pm
Wed. 1.30pm to 4.00pm

Clinical Support (08) 9340 2222 page 3358

Monday and Wednesday
Nurse 8.00am to 4.30pm

Further Information

Health Information Resource Service (HIRS)

A lending library of women’s health information

Location: KEMH Main Corridor
Phone: (08) 9340 1100 or
1800 651 100
(country callers)

Useful websites

www.bci.org.au
www.jeanhailes.com.au
www.menopause.org.au
www.nbcc.org.au

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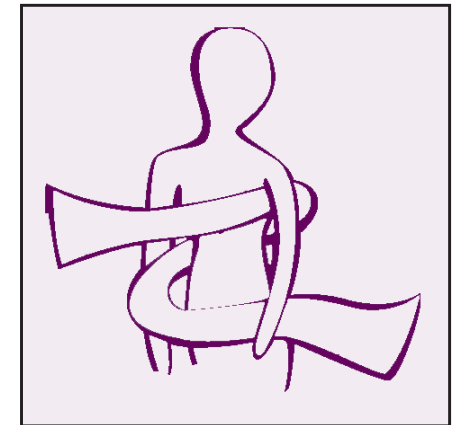
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Produced by the Women’s and Children’s Health Service
© August 2006
WCHS 0323 Rev. 1

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Menopausal Symptoms After Cancer Clinic



Introduction

Menopausal Symptoms after Cancer (MSAC) Clinic was established in 2003 to care for women with a history of cancer with menopausal symptoms. We aim to offer current evidence-based advice and treatment.

Quality of life

Cancer treatments including chemotherapy and endocrine therapies (eg. anti-estrogens) may cause:

- periods to stop
- hot flushes
- night sweats
- vaginal dryness

For younger women, these symptoms are often a shock, as they may be many years away from undergoing natural menopause.

Sometimes at diagnosis of cancer, pre-existing Hormone Therapy (HT) is stopped.

Those women who were taking HT before their cancer diagnosis may also feel their menopausal symptoms coming back and need assistance to manage these.

Menopausal symptoms after cancer can

cause women to feel embarrassed and worried. Questions about sexual function, fertility and safety of available treatment can be addressed at this clinic.

Treatment options

Conventional treatments (eg. HT) are not usually an option as they are shown to increase the risk of some cancers recurring.

At the MSAC Clinic, up-to-date advice will be given about medical therapies and lifestyle factors that are helpful in controlling your menopausal symptoms.

The multi-disciplinary team is available to advise on the most appropriate treatments available. The treatment plan is developed for each individual woman considering her cancer diagnosis and menopausal symptoms.

Clinic services

Multi-Disciplinary Care

The MSAC multi disciplinary team includes specialists in gynaecology, breast cancer surgery, endocrinology, medical oncology, psychology as well as general practitioners, physiotherapists and breast cancer nurses. They meet monthly to discuss your management.

Research

The clinic conducts research projects aimed at improving the services and management of menopausal symptoms that are available for women with a history of cancer.

Clinical support nurse

A specialist breast nurse with experience in menopause after cancer is available to offer support and information to women attending the clinic.

Telephone support

Telephone support is available to women by the clinical support nurse on Mondays and Wednesdays. Rural GPs can also access the expertise of the clinic specialists by contacting the support nurse on the same days.

Appointment referral

A referral letter from your GP or any other health care provider including a specialist breast nurse is required to make an appointment to attend the MSAC Clinic.

Questions

If you have any further questions about MSAC and our services contact the clinic.